



WRINKLES

TREATMENT Botulinum Toxin A (BTXA) and Fillers

Either the toxin and/or semi-permanent or non-permanent fillers will work to address wrinkles. A combination of both injections will give better results than either one on their own. The BTXA relaxes the muscles and addresses the dynamic lines built up by facial expressions, while

the fillers fill up the remaining static and dynamic lines that the BTXA cannot resolve. As the fillers draw water in as well, the results are more natural.

DURATION A few minutes

DOWNTIME None

COST \$300 per session (introductory offer valid till end-February 2007).

WHERE True'Est, Level 16 Ngee Ann City Tower A, 6235-0990.

GOOD AESTHETICS

Aesthetic therapies have advanced so far that there are treatment solutions for many common skin flaws. Lorraine Robert checks out some sophisticated remedies.

FLABBY AREAS

TREATMENT Ultrasound-Assisted Lipoplasty (UAL)

An ultrasound probe selectively breaks up fat cells while leaving the surrounding structures relatively intact before suctioning commences, so there is less downtime and reduced risk. Patients also report minimal pain and it can be performed under local anaesthetic with or without sedation. The procedure can be used to treat areas with pockets of fat like the stomach, love handles, saddlebacks, thighs, arms and even

the neck.

DURATION Approximately two to three hours per session.

DOWNTIME After the procedure, the patient can go home without any assistance. Patients can return to normal activities almost immediately and often return to work the following day. Pain and swelling will last approximately one to two weeks.

COST Between \$3000 and \$5000 depending on the size of the area.

WHERE Aesthetic Works Medical Associates, Parkway Parade #05-17, 6493-3678.



HYPERPIGMENTATION

TREATMENT Aesthera Photopneumatic Therapy (PPx)

This therapy treats age spots or brown blotchy pigmentation on the skin, broken capillaries or broken blood vessels that cause "redness" or fine facial veins. It is the first and only therapy to effectively combine pneumatic energy (pressure) with broadband light to deliver energy to unwanted pigment and veins efficiently.

DURATION Eight to 10 minutes.

DOWNTIME None

COST \$600 per session, \$3,000 for 6 sessions

WHERE The Sloane Clinic, 30 Raffles Place, #03-01 Caltex House, tel: 6533-2522 and 43 Jalan Merah Saga, #01-66 Chip Bee Gardens, 6471-1108.

